

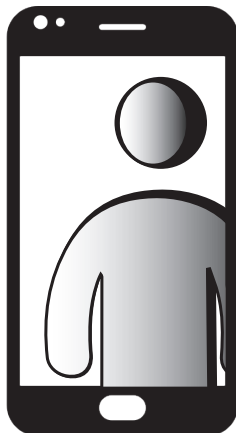
# Guide to shooting video on a phone - Portrait

## 1 Good Lighting is Critical

Make sure that the camera is between the light source and the subject. Most phones also offer "touch focusing", use this to make sure the persons face is in focus, this will help with lighting.



<< Light Source



Subject >>



## 2 Stay Steady

Use both hands to hold your smartphone as close as possible to your body as you record the video.



### Handy Hint!

Always use the front camera, rather than the 'selfie' camera, as it is much better quality



## 3 The Audio Matters as Much as the Video

It is advisable to shoot your video in a quiet place, preferably indoors when possible with less ambient noise. Stay as close to the audio source as possible.



### Handy Hint!

Get Close to Your Subject

