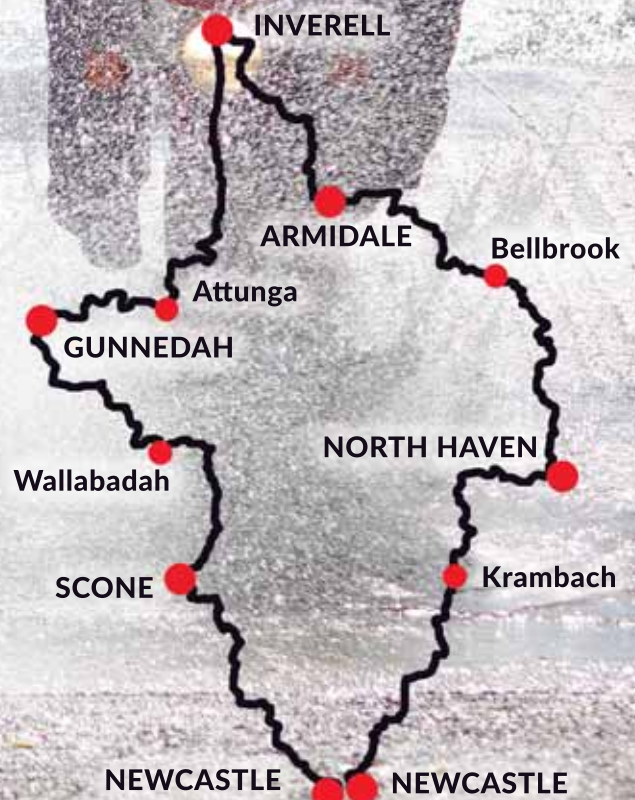




**POSTIE  
BIKE  
DASH**



**5-10 November 2017**



**A unique adventure  
around NSW supporting  
local kids in need**

**[varietynsw.org.au](http://varietynsw.org.au)**



### Who can join?

Anyone over eighteen years of age with a spirit of adventure and a tolerance to dust and discomfort. A wicked sense of humour will be an advantage. You will find as a general rule most of the entrants are great friends you just haven't met yet!

### Accommodation

All registrants will be provided with a list of various accommodation venues. You can book your own accommodation based on your comfort levels and budget.

### Cost

Your entry fee is a \$2,000 donation to Variety – the Children's Charity. This may be made up of fundraising or a personal donation. A \$500 initial donation must be made with your entry form and a further \$1,500 donation before we set off. These donations are tax deductible.

There is also a cost of \$460 for your meals (find out more below).

### Meals

All meals will be organised and supplied from breakfast on Day 1 to our presentation extravaganza on Day 6. Everyone will be issued with a name tag and these must be worn at our meal stops,

No Name Tag, No Meal!

Meals incur a fixed price payment of \$460 separate to your entry fee and must be paid prior to departure.

### Luggage

We have a baggage vehicle that will transport luggage and any basic camping equipment. Space is limited so only the bare essentials!

### Clothing

We must insist that you wear protective clothing while riding on the event. This includes helmet, gloves, long legged trousers, a jacket and appropriate footwear. Please be mindful that jeans are not protective in the event of a spill, please consider investing in something a little sturdier.

Also open faced helmets are not acceptable on this event and a helmet with some kind of chin protection must be worn.

A high-viz vest will also be supplied that you will be required to wear whilst on the road.

### Registration, Insurance and Licensing

The event will be run on public roads and all bikes must have current registration and appropriate insurance for the entire event. We would advise that you cover your bike for third party property damage at a minimum.

Every rider must hold a current motor cycle license and we will need to see that before you depart.

No learner riders permitted.

We will require a photocopy of your current registration and insurance papers to keep on file before you are eligible to commence the event.

Everyone taking part in the Variety Postie Bike Dash will be required to sign an indemnity form

issued by Variety – the Children's Charity (NSW).

### Friends and Family

Friends and family are more than welcome to join us at our designated stops. Please let us know where and when they will be joining us so we can organise seating and catering etc. We will need these numbers and payment 5 days before departure.

## The Journey

### Day 1 Sunday 5th November

AM Section: Newcastle to Krambach

The Adventure begins at the Newcastle Cruising Yacht Club with our breakfast from 7.30am. 9.00am see's us flagged off and on the road to the Commercial Hotel Krambach for lunch.

PM Section: Krambach to North Haven

After our midday refreshment we head for the coast, here we'll dine at the "Oasis on the River" with our host for the evening Brenden Lynch.

### Day 2 Monday 6th November

AM Section: North Haven to Bellbrook

It's back to the "Oasis" for breakfast to recharge the batteries as we head to the forests and finally the tiny community of Bellbrook for lunch at the Bellbrook Hotel.

PM Section: Bellbrook to Armidale

No time to dawdle from here, we will be tackling the Great Divide and it's all up hill from here to our vernight stop in Armidale and our evening venue the Wicklow Hotel.

### Day 3 Tuesday 7th November

AM Section: Armidale to Inverell

This morning we'll be having a charity breakfast with the local Lions Club in the Park and from here it's off to The Imperial Hotel Inverell to celebrate Melbourne Cup and then take the rest of the day off.

### Day 4 Wednesday 8th November

AM Section: Inverell to Attunga

We'll re-group for breakfast back at the Imperial Hotel and embark on our journey to lunch with the kids at the Attunga Public School.

PM Section: Attunga to Gunnedah

This leg takes us across the plains and around Lake Keepit and into the country hospitality of Gunnedah and the Court House Hotel.

### Day 5 Thursday 9th November

AM Section: Gunnedah to Wallabadah

A special breakfast this morning with the kids and staff of GS Kidd Memorial School and after we've had a heap of fun here we will be visiting the Wallabadah Public School for our lunch.

PM Section: Wallabadah to Scone

Still plenty to do before we get to the comfort of the Royal Hotel Scone for dinner and our evening festivities.

### Day 6 Friday 10th November

Final Section: Scone to Newcastle

After Breakfast at the Royal Hotel we head off on the final leg of our adventure and the finish line at The Good Guys Kotara where we will have a quick bite to eat before we head to our digs and freshen up for our Presentation dinner at the Newcastle Cruising Yacht Club.





## Fundraising

Participants must fundraise or donate \$2,000 to join the event. We will provide all participants with a link to set up an online fundraising page. You could also hold events such as a trivia night, golf day or movie screening, gain sponsorship from a business, or simply shake a bucket! This is a quick and easy way for friends, family and colleagues to sponsor you.

## How your fundraising helps

Funds raised on the Postie Dash will help to provide practical equipment and experiences to sick, disadvantaged and special needs kids. Variety's work allows children to gain mobility and freedom, to get out and about in the community, be able to communicate, enhance their education, achieve independence and increase self-esteem, and where possible the assistance to help them integrate into mainstream school and activities.

Variety support kids with over **133** different conditions

Granting over **\$1 million** per month nationally

Providing tangible equipment and programs

To help Aussie kids be kids



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### Conditions of Entry

1. All Motorcycles must be standard Honda CT110 Motorcycles. They must be roadworthy, registered & insured as prescribed by State Laws.
2. Riders must be a minimum age of 18 years of age and hold a current Motorcycle License.
3. All bikes and riders must attend the nominated checkpoint day prior to the start of the event. Anyone who cannot make the checkpoint day must make alternate arrangements with event management.
4. Everyone taking part in the event must sign an indemnity form issued by Variety the Children's Charity (NSW).
5. All entrants must have paid to Variety the Children's Charity (NSW), either personally or through donations the sum on the entry form prior to the start of the event.
6. All meal monies and extra's must be paid prior to the start of the event.
7. At all times all entrants must abide by the rules of the road as prescribed by State Laws and Statutes.
8. For further information, clarification and full conditions please contact the office.

